

THE  
**SEAVIEW**

PORTMARNOCK

*Seaview Lunch Menu*  
*Available 12 - 3:30pm*

|   |                  |
|---|------------------|
| Freshly Made Seasonal Soup <sup>1a 1b 2 4</sup><br><i>with warm penny loaves   Kerrygold butter rosettes</i>  | €10.00           |
| Nam Jim Spiced Beef Salad <sup>5 7 (cashews) 9 14</sup><br><i>Mango &amp; coriander dressing   Asian slaw   roasted cashews   cucumber   black sesame</i>       | €16.50           |
| Wholesome Superfood Salad <sup>(V) 14</sup><br><i>Citrus quinoa   turmeric   broccoli   mixed seeds   blueberries   tomatoes   beetroot dressing</i>            | €13.50           |
| Toonsbridge Mozzarella Salad <sup>2 7 (pine nuts)</sup><br><i>Mini heirloom tomatoes   fresh basil pesto   toasted pine nuts   rocket leaf</i>                  | €11.25           |
| Caesar Salad <sup>1a 2 3 6 10 14</sup><br>Add lemon & rosemary grilled chicken<br><i>Little gem   bacon lardons   croutons   aged parmesan   house dressing</i> | €11.50<br>€16.50 |
| Traditional Prawn Cocktail <sup>1 2 3 10 11 14</sup><br><i>Poached prawns   shredded gem lettuce   pickled cucumber   lemon</i>                                 | €14.50           |
| Open Clogherhead Crab Sandwich <sup>1a 2 3 6 10 11 14</sup><br><i>Portmarnock soda loaf   citrus herb mayo   apple   pickled cucumber</i>                       | €12.00           |
| The Snug Ham & Cheese Toastie <sup>1a 1c 2 5 14</sup><br><i>Malt Bloomer bread   ham   gruyere &amp; Monterey jack cheese   coleslaw   pub crisps</i>           | €12.50           |
| Sourdough Irish Beef Toastie <sup>1a 1c 2 4 5 6 14</sup><br><i>Overnight shredded beef   pickled red onions   Hegarty's cheddar   coleslaw   pub crisps</i>     | €13.95           |
| Howth Seafood Chowder <sup>1a 2 4 10 11 12 14</sup><br><i>Smoked haddock &amp; hake   salmon   mussels   clams   dill   brown bread</i>                         | €12.50           |

1. Gluten a:Wheat b:Rye 2. Milk 3. Eggs 4. Celery 5. Soya 6. Mustard 7. Nuts 8. Peanuts 9. Sesame 10. Fish 11. Crustaceans 12. Molluscs 13. Lupin 14. Sulphites

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