

THE  
SPA

PORTMARNOCK

## SPA PACKAGES

*Packages are available Monday – Friday*

Ultimate Face & Body Experience (180 minutes)	€320
Couples Day Out (90 minutes)	€330
Pampersnoon Half Day Spa (120 minutes)	€200
Half-Day Haven (90 minutes)	€150
Detox Seaweed Wrap & Facial (90 minutes)	€150
Norwegian Peat Wrap & Facial (90 minutes)	€150

## MASSAGE TREATMENTS

De-Stress Massage (60 minutes)	€110
Deep Tissue Massage (60 minutes)	€125
Lava Shell Relaxing Massage (60 minutes)	€110
Sports Therapy Massage (60 minutes)	€135
Swedish Massage (60 minutes)	€110

## ELEMIS BIOTEC

Firm & Lift Pro Glow Facial	€135
Line Eraser Pro Glow Facial	€135
Radiance Renew Pro Glow Facial	€135
Sensitive Skin Smoother Pro Glow Facial	€135
Skin Resurfacer Pro Glow Facial	€135
Elemis Biotec Facial course (5 treatments)	€500

## ELEMIS FACIALS

Elemis Dynamic Resurfacing Facial (60 minutes)	€110
Elemis Pro-Collagen Facial (60 minutes)	€110
Elemis Superfood Pro-Radiance Facial (60 minutes)	€110
Elemis Visible Brilliance Facial (60 minutes)	€110

## ELEMIS EXPRESS FACIALS

Elemis Dynamic Resurfacing Facial (30 minutes)	€75
Elemis Pro-Collagen Facial (30 minutes)	€75
Elemis Superfood Pro-Radiance Facial (30 minutes)	€75
Elemis Visible Brilliance Facial (30 minutes)	€75
Elemis Taster Facial with frangipani hand massage (50 minutes)	€100



## PRE & POST NATAL MASSAGES

Mangosteen Resurfacing Peel (60 minutes)	€100
Mother To Be (180 minutes)	€200
Pregnancy Massage (60 minutes)	€110

## EYES & BROWS

Eyebrow & Eyelash Tint (30 minutes)	€30
Eyebrow Tint (15 minutes)	€15
Eyebrow Wax (15 minutes)	€15
Eyebrow Wax & Tint (30 minutes)	€25
Eyebrow Wax & Tint with Eyelash Tint (35 minutes)	€40
Eyelash Tint (20 minutes)	€20

## HOLISTIC TREATMENTS

Glacial Shell Detox Treatment (120 minutes)	€120
Holistic Healing Therapy (90 minutes)	€170
Hopi Ear Candling (30 minutes)	€70
Indian Head Scalp Massage (30 minutes)	€50
Reflexology (60 minutes)	€90
Frangipani foot scrub and mask followed by reflexology (45 minutes)	€80

## WAXING

Chin Wax (15 minutes)	€20
Lip & Chin Wax (20 minutes)	€20
Lip Wax (15 minutes)	€15

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## OPENING HOURS

We are open everyday 7 days a week from 10am to 6pm Saturday - Thursday (last appointment at 5pm) and 10am – 7pm on Fridays (last appointment at 6 pm). Subject to change

*All subject to availability.*

[www.portmarnock.com](http://www.portmarnock.com) | Spa Direct Line: 353 (0)1 8666564 | Hotel Line: 353 (0) 1 846 0611